



Queen City Shootout Tournament Adult Team Participant Waiver & Release of Liability

TEAM: _____

INSTRUCTIONS: Each participant (player, coach, manager) must read and agree to the statement below before completing and signing this Waiver and Release on the roster pages that follow. Your signature represents your voluntary agreement to the terms below. Parents/Guardians must read and agree to the statement below before signing for the minor child participant and yourself on the same numbered line as their minor child participant.

DO NOT SIGN THIS WAIVER AND RELEASE UNLESS YOU HAVE READ IT, UNDERSTOOD IT AND AGREE WITH IT.

I am choosing to participate in the Queen City Shootout Lacrosse Tournament in Charlotte, North Carolina. I understand that lacrosse is a strenuous, fast-paced game involving physical contact with inherent dangers, and when played within the bounds of the rules, can result in serious injury, paralysis and even death. I assume all the risks of such injury and even death inherent in the game of lacrosse. I have inspected the fields that I will play on and found them to be in such a condition that there are no inherent dangers visible to me and that if I do see dangerous conditions on the field, I will stop playing and notify Tournament organizers immediately.

I acknowledge and recognize that the Charlotte Lacrosse Club, the entity that sponsors the Tournament, does not and cannot control the conduct of players and that their conduct is controlled to the extent of the rules of the game by the discretionary calls of lacrosse officials. I also acknowledge that there are dangers inherent in spectating and being present at the Tournament site. Lacrosse balls can travel at speeds in excess of 100 mph and cannot be confined to the fields. I assume the risk of injury from being struck by lacrosse balls. I also understand that players do not and sometimes cannot stop running or avoid being pushed outside of the lines of the field of play. I have been told and I recognize that it is dangerous to sit or stand within five (5) yards of the sideline of any field and in areas designated and marked as off limits. I agree not to sit or stand within five (5) yards of the sideline of any field or in any areas designated and marked as off limits except when I am playing or preparing to play. While spectating, I agree not to sit or stand within five (5) yards of the sideline of any field or in areas designated or marked as off limits.

I represent that I am outfitted with equipment that meets NCAA specifications, i.e., helmet, gloves, arm pads, and that I am aware that there are greater dangers if I do not use such equipment. I assume all risk associated with not using such equipment.

I agree to advise any family member or guest who accompanies me to the tournament about the dangers of spectating or being present on the grounds and that it is important that he/she/they be extra vigilant about the above dangers and to take precaution. I recognize that the Tournament organizers will rely upon my agreement to do so.

I further understand that it is recommended that I consult with a physician prior to participating in physical activity such as lacrosse. I do hereby declare myself to be physically sound and suffering from no condition, impairment, disease, infirmity, or other illness that would prevent or impair my participation in any of the activities of the Queen City Shootout Lacrosse Tournament. I do hereby acknowledge that I have been informed that a physician's approval prior to my voluntary participation in the Tournament is recommended. I acknowledge that I have either had a physical examination and have been given my physician's permission to participate, or that I have decided to participate without the approval of my physician and do hereby assume all responsibility for my actions and physical conditions arising from any participation in the Queen City Shootout Lacrosse Tournament.

I assume all risks and on behalf of myself and my heirs and assigns waive, release and forever discharge Charlotte Lacrosse Club a/k/a the Queen City Shootout Lacrosse Tournament and its officers, shareholders, agents, employees, volunteers, representatives and all others associated therewith from any and all responsibilities or liability for injuries or damages resulting from my participation in and attendance at the Queen City Shootout Lacrosse Tournament, including, but not limited to, the games, my preparation for the games, spectating, being present at any meetings and social events and agree not to sue them.

I agree to indemnify and defend the releasees and hold them harmless from any and all claims, suits, causes of action and damages of any kind caused by, or resulting or arising from, my participation in or attendance at the Tournament, including, but not limited to, damages to the property of, or injury or death to, the releasees, the undersigned or anyone else.

I hereby give my consent to Charlotte Lacrosse Club to provide, through a training staff of its choice, customary athletic training attention, as well as arranging for transportation to medical facilities/hospitals and/or emergency medical services as the training staff deems warranted in the course of my participation in the Queen City Shootout Lacrosse Tournament.

I have read and agree to all terms of the Queen City Shootout Lacrosse Code of Conduct, especially with regard to my responsibilities as a participant. My signature certifies that I understand and accept the conditions required for the Queen City Shootout Lacrosse Tournament.



****Before signing, each participant must read, understand and agree to the waiver and release conditions on page 1***

| # | Participant Name (print or type) | Participant Signature | Date |
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